

WOMEN IN SPORT SUMMIT

IN PARTNERSHIP WITH UTICA UNIVERSITY



Lead Partner

Oneida County

Join us for the Women in Sport Summit on April 5, 2024

at the Harold T. Clark Athletic Center on the campus of Utica University in Utica, NY.

This summit is held in conjunction with the 2024 IIHF Women's World Championship, April 3-14, and is designed for all athletes, 12U through collegiate level.

The Women in Sport Summit will feature a panel of experts, speaking on topics that include:

**Strength &
Conditioning**

Nutrition

**Sport related
Health & Wellness**

Equity



Angela Ruggiero
Team USA Women's Ice
Hockey Gold Medalist
& Four-Time Olympian



Erin Hamlin
Team USA Women's Luge
Bronze Medalist &
Four-Time Olympian



Judd Ehrlich
Director of
"Keepers of the Game"



London Hill
Syracuse University
Student-Athlete
Success Specialist



Maggie McCrudden
USOPC
Registered Dietician



Sarah Cahill
Former Team USA
Women's Ice Hockey
Strength & Conditioning Coach

A featured viewing of the documentary, "Keepers of the Game" directed by Judd Ehrlich of the Salmon River High School girls lacrosse program, will also take place followed by a Q&A session and lunch. **All participants will receive a ticket to watch Canada face off against Switzerland** at 3:00pm at the Adirondack Bank Center!

FREE ADMISSION & OPEN TO ALL!

For more information, please contact: tricia@adksc.org

Scan the QR code to
REGISTER NOW!



Friday, April 5, 2024

10AM – 2PM

Harold T. Clark Athletic Center

Utica University

1600 Burrstone Road Utica, NY

UTICA
UNIVERSITY



Lead Partner

Oneida County